

ACTIVITY 2A: STUDENT WORKSHEET

CLASSIFYING FOODS

1. Place the following foods in the correct food group.

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| Pinto beans | Macaroni | Zucchini | Spaghetti | Meatballs |
| Tomatoes | Oatmeal | Broccoli | Pickle | Mushrooms |
| Watermelon | Corn | Rice | Toast | American cheese |
| Saltine crackers | Carrots | Pancake | Grapes | Orange juice |
| Peanut butter | Yogurt | Sausage | Chicken | Vegetable soup |
| Hamburger patty | Potato | Tortilla | Raisins | Green beans |
| Cauliflower | Apple | Biscuit | Muffin | Tuna fish |
| Raisin bran | Squash | Catfish | Egg | Cornbread |
| Cucumber | Ham | Spinach | Banana | Hot dog |
| Noodles | Milk | Shrimp | Strawberry | Swiss cheese |

Bread Group Fruit Group Vegetable Group Protein Group Dairy Group

Breads, cereals, rice, and pasta	Fruits	Vegetables	Meat, poultry, fish, dry beans, eggs, and nuts	Milk, cheese, and yogurt

2. Add one food to each group which is not on the list.

3. Circle your favorite food in each group.