Appendix 1 Age Adjusted BMI Chart for Boys

# Appendix 1: Age Adjusted BMI Chart for Boys

## 2 to 20 years: Boys

### Body mass index-for-age percentiles

<table>
<thead>
<tr>
<th>Date</th>
<th>Age</th>
<th>Weight</th>
<th>Stature</th>
<th>BMI*</th>
<th>Comments</th>
</tr>
</thead>
</table>

**To Calculate BMI:** Weight (kg) + Stature (cm) + Stature (cm) x 10,000

or Weight (lb) + Stature (in) + Stature (in) x 703

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SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2010).

[CDC](http://www.cdc.gov/growthcharts)
Appendix 2 Age Adjusted BMI Chart for Girls