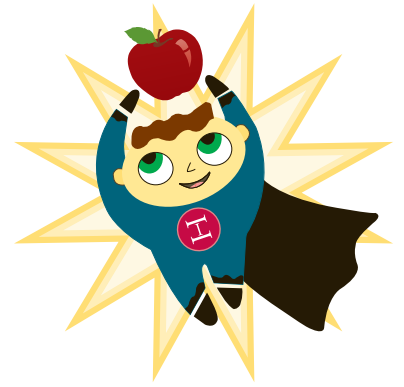


# INSULIN, OUR HERO



Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Directions:** Write True or False



**1. What would a doctor tell you to do to take care of your diabetes?**

- a. run
- b. play video games
- c. sleep
- d. eat chips

**2. What do doctors check that is in the blood to see if you have diabetes?**

- a. water
- b. blood sugar level
- c. diet soda
- d. orange juice

**3. Which foods are a healthy choice?**

- a. French fries and ice cream
- b. chips and soda
- c. yogurt and granola
- d. syrup and waffles

**4. In Type 1 diabetes, the body needs \_\_\_\_\_.**

- a. insulin
- b. water
- c. to move
- d. to rest

**5. A disease that can be passed to children from their parents is \_\_\_\_\_.**

- a. unhealthy eating
- b. Type 2 diabetes
- c. wearing glasses
- d. the flu

**STUDENT SECTION**  
**INSULIN, OUR HERO**

**Continued on next page...**

**Complete the chart using the following sentences:**

The body needs insulin.

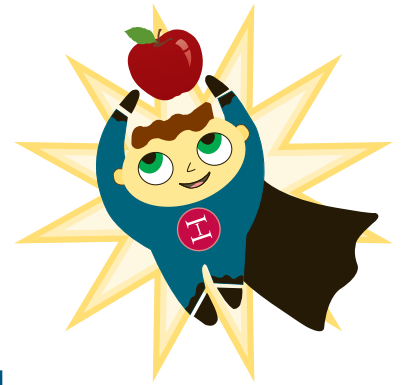
Eat healthy for treatment.

Found mostly in kids.

The body has insulin.

Found any time in life.

Exercise is good.



Type 1 Diabetes	Type 2 Diabetes

Use the WORD BANK to write one paragraph.

A B C

WORD BANK

X Y Z

diabetes	sugar	pancreas
Exercise	soda	sick
Warning sign	doctor	practice

---

---

---

---

---

---

---

---

---

---

**STUDENT SECTION**  
**INSULIN, OUR HERO**