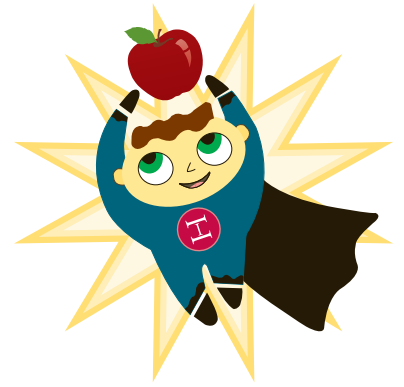


Teacher Cue Card

What are the signs of diabetes?

The signs of diabetes are

- being very thirsty
- urinating often
- feeling very hungry or tired
- losing weight without trying
- having sores that heal slowly
- having dry, itchy skin
- losing the feeling in your feet or having tingling in your feet
- having blurry eyesight



TEACHER SECTION
INSULIN, OUR HERO

Type 1	Type 2
Body does not make insulin	Body does not properly use insulin
Typically diagnosed before adulthood	Developed at any time
Treated by taking insulin medicine or injections	Treated by diabetic medication
Should practice healthy eating choices, stay physically active, and control blood pressure and cholesterol	

